

ACIO-II/Exe Examination-2023(Tier-II)

Date of Exam: 9.6.2024

Time: 1 hour

Roll No.

Max Marks: 50

Instructions:

- 1) Write your roll number in the space provided above.
- 2) All answers are to be written in the answer sheet provided separately.
- 3) Please do not write your name or roll no. on the answer sheet except in the space provided on the first page.
- 4) Please deposit the answer sheet/ additional answer sheet & admit card to the invigilator before leaving the examination hall.
- 5) Candidates can take the question paper after the exam.

Q1. Write an essay in English language only on ANY ONE of the following topics, in not more than 400 words. (30 marks)

- i. Women's education is a pre-requisite for social progress.
- ii. Increasing dependence on technology- bane or boon?
- iii. Equitable economic growth- its drivers.
- iv. Social media has replaced traditional news across the world.
- v. Impact of tourism on environment.

Q2. Read the following paragraph and answer the questions that follow, in about 40 words each. (Each question carries 2 marks- Total 10 marks)

Popular imagination, even in India itself, has it that unhealthy Indians suffer overwhelmingly from under-and malnutrition. The visual trope for this is the thin, emasculated people. But even as undernutrition in India very much lingers, that a growing number of Indians suffer from obesity gets underplayed. According to a recent study, globally, more than 1 billion people- 1 in 8 persons- live with obesity today. Obesity among adults has more than doubled since 1990, and quadrupled among children and adolescents (5-19 years). And India hasn't bucked this trend. For India, there is also the double burden of malnutrition and obesity. Also, there is the high burden of non-communicable diseases like heart disease and diabetes, which obesity fuels. It would be a mistake to think that obesity is a disease of the urban rich. From 1990 to 2022, numbers have grown from 35 lakhs to 7 crores. With households becoming more affluent, there is a rise in consumption of processed foods high in fats, salts and sugar. Household Consumption Expenditure Survey 2022-23 shows that the rural households now nearly spend as much, relatively, as their urban equivalents on beverages and processed foods. A sedentary lifestyle adds to

the malaise. Tackling obesity and malnutrition requires increasing consumption of fruits, vegetables and pulses, and increasing physical activity. Government must regulate the harmful marketing of foods and beverages (especially those targeted at the children), shape fiscal and pricing policies to promote healthy diets, and raise public awareness on eating healthy and exercising. As the economy of the country improves, so does the health of its citizens. Conversely, improving health of citizens leads to a more productive work force.

- i) The solution for tackling obesity and malnutrition is essentially same. Explain.
- ii) What are the prime reasons for obesity?
- iii) How is economy of a country benefitted from the health of its citizens?
- iv) Why children today suffer disproportionately more from obesity as compared to adults?
- v) What is a key finding of Household Consumption Expenditure Survey 2022-23 with regard to urban and rural consumption and why is this important?

Q3. Read the following passage and write the precis in your own words (**not more than 100 words, exceeding the limit could entail negative marking**).

(10 marks)

The lives of the Ancient Greeks revolved around eris, a concept by which they defined the universe. They believed that the world existed in a condition of opposites. If there was good, then there was evil, if there was love, then there was hatred; joy, then sorrow; war then peace; and so on. The Greeks believed that good eris occurred when one held a balanced outlook on life and coped with problems as they arose. It was a kind of ease of living that came from trying to bring together the great opposing forces in nature. Bad eris was evident in the violent conditions that ruled men's lives. Although these things were found in nature and sometimes could not be controlled, it was believed that bad eris occurred when one ignored a problem, letting it grow larger until it destroyed not only that person, but his family as well. The ancient Greeks saw eris as a Goddess. Eris, the Goddess of Discord, better known as Trouble.

One myth that expresses this concept of bad eris deals with the marriage of King Peleus and the river goddess Thetis. Zeus, the supreme ruler, learns that Thetis would bear a child strong enough to destroy its father. Not wanting

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to father his own ruin, Zeus convinces Thetis to marry a human, a mortal whose child could never challenge the gods. He promises her, among other things, the greatest wedding in all of Heaven and Earth and allows the couple to invite whomever they please. This is one of the first mixed marriages of Greek Mythology and the lesson learnt from it still applies today. They do invite everyone... except Eris, the Goddess of Discord. In other words, instead of facing the problems brought on by a mixed marriage, they turn their backs on them. They refused to deal directly with their problems and the result is tragic. In her fury, Eris arrives, ruins the wedding, causes a jealous feud between the three major goddesses over a golden apple, and sets in place the conditions that lead to the Trojan War. The war would take place 20 years in the future, but it would result in the death of the only child of the bride and groom, Achilles. Eris would destroy the parents' hopes for their future, leaving the couple with no legitimate heirs to the throne.

Hence, when we are told, "If you don't invite trouble, trouble comes", it means that if we don't deal with our problems, our problems will deal with us... *with a vengeance!* It is easy to see why the Greeks considered many of their myths learning myths, for this one teaches us the best way to defeat that which can destroy us.